



BLUE & GOLD TRIANGLE



Lambda Kappa Sigma

"Promoting the Profession of Pharmacy Since 1913"

We are set for another adventure...

*Join us at the
Town and Country
Resort in San Diego!*



**2012 Convention
Schedule on page 3.**



The Blue and Gold Triangle Of Lambda Kappa Sigma

Published by
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The mission of the Fraternity is to promote the profession of pharmacy among women and advance women within the profession by developing its members as individuals and leaders through the support of fellow members while encouraging a high standard of professional ethics and scholarship.

Publication

The Blue and Gold Triangle is the official publication of Lambda Kappa Sigma Pharmacy Fraternity and is published semi annually. It is distributed to all dues paid members, patrons, honorary members and numerous pharmacy schools and Greek organizations. Deadlines: February 15 and October 15. Postmaster: please send address changes to Lambda Kappa Sigma, PO Box 570, Muskego, WI 53150-0570. Printed in the USA.



LKS Grand President
Sharon Brown

greater viability than rapid growth with mediocre people. Finally, I committed to attempt to lead at a higher level, and challenged all members to do the same, knowing that our membership in LKS is not only about each of us as individuals, but is about us as an organization.

In the Spring 2009 issue, the Grand President's address was a State of the Fraternity report. This was a unique opportunity to provide a detailed accounting for the accomplishments, current status, and future plans in our operational areas of Governance, Communications, Programs and Services, Management, Growth, Outreach, and Preservation and History. In this first of its kind detailed report, members were also encouraged to expect – in fact, to demand – excellence from their elected leaders on a national and local level.

The Fall 2009 Grand President's address was entitled "The Pleasures – and Pitfalls – of Luck" and introduced the idea that luck is when preparedness meets opportunity. The article focused on the many opportunities we are presented with in regards to our fraternal activities, especially our Core Values. The Spring 2010 address discussed the changing face of sisterhood, and the need to embrace our newfound diversity resulting from the increased ranks of men who have become members of Lambda Kappa Sigma. Following the incredible success of the Pittsburgh Convention, the Fall 2010 address was dedicated to the newly adopted Brand Platform, with emphasis on promoting our Vision and Core Values.

In the Fall of 2010, I asked the question "Are we keeping up, catching up, or falling behind?" In this address I made the case that our founders' vision for the future of women pharmacists is being fulfilled by the current members of this organization – the exceptional practitioners, teachers, and leaders who represent every possible arena of pharmacy practice. The need for change as a prerequisite for growth, and the many changes that were successfully incorporated into LKS was also presented.

And finally, last fall was a review of some significant decisions made at Convention, and a call for chapters and individual members to take even more ownership of Fraternity actions, and to become fully engaged in setting the direction of the Fraternity for the next 100 years.

This will be my final address to the membership as Grand President. As I ponder final words of wisdom, I feel compelled to evaluate the progress of the Fraternity, and to come full circle by reviewing the three areas identified in my first address: growth, financial security, and leadership.

"You will either step forward into growth or you will step back into safety" Abraham Maslow

Our collegiate chapters have experienced significant growth in the past 4 years. We have a new collegiate chapter, and have chartered and reactivated alumni chapters. In addition, collegiate chapters have had tremendously successful recruitment events, resulting in amazing chapter growth. Not only have the size of chapters increased, but the compatibility of new members with the vision and core values of the Fraternity is better than ever before. This strengthens the ties among chapter members, builds a strong pool of future chapter officers, and ultimately provides a strong foundation for the growth and success of the Fraternity on a national basis. Chapter officers make the best candidates for Grand Council officers. This commitment to growing our organization with the right people is a direct benefit of the recruitment Boot Camp, and to the members who have taken the techniques presented at the Boot Camp back to their

In the Fall of 2008, my first Grand President's Message was dedicated to three critical concepts in building the foundation for success as we moved on our journey from Good to Great: growth, financial stability, and leadership. This address introduced the concept that what we give our attention to, grows. And that slow growth with great people will provide

chapters and served as advocates for the changes necessary to bring about this transformation. Our investment in the Boot Camp is paying greater dividends each year, helping LKS to truly step forward into growth, and to Think Big! Act Big! Be Big!

"People first, Money second, Things last" Suze Orman

Financial stability is absolutely essential to the ongoing success of Lambda Kappa Sigma. True financial stability has been difficult to achieve, but I believe we are financially sound, and have a strategy in place that aligns nicely with financial guru Suze Orman's philosophies. We invest – not just spend – funds on programs that are designed to benefit our members first and foremost. We have a savings plan that is successfully building a reserve fund to provide financial security for unanticipated or emergency expenditures that might otherwise devastate the financial assets of the Fraternity. In addition, a conservative approach to the acquisition of technology and other expenditures that improve efficiency and support member services has provided organizational benefit at minimal cost. All meetings are planned in a manner to ensure, at a minimum, a financial break-even for the Fraternity. Budgets are created and approved with the goal of maximum efficiency, accountability to the membership for appropriate use of Fraternity funds, and major investments in member benefits, programs, and services. The sound financial strategies adopted by the Grand Council over the past decade have reaped great rewards in terms of financial planning and ease of transition from biennium to biennium.

"The function of leadership is to produce more leaders, not more followers" Ralph Nadar

I am most impressed with what I have observed in our chapter leadership, both by personal observations at meetings and during the phone conversations I have had with them over the years. I must confess that of all the opportunities LKS provides to our members, the ability to support and to shape the future leaders of our profession is my personal passion. The Grand Council has made a conscious effort to guide LKS with integrity and full transparency, leading by example for those who wish to serve the membership as an officer in the future. The Grand Council has also made significant progress in fostering the knowledge that while we are elected leaders of LKS, we work for the members of LKS who elected us. The gaping chasm that once existed between the GC and our members has been effectively bridged. It is exciting to me to get phone calls from chapter members who have a question, or want direction related to Fraternity business or preparation for Convention. Being accessible to our members provides "line of sight" leadership – it's easier to model behavior after those you can observe and relate to than those who are so distant as to be unreachable. I also want to acknowledge the unselfish gift of time and talent that so many of our alumni members provide to their collegiate chapters, acting as official or unofficial advisors and mentors, and participating in Fraternity events at the local level. These members expand the "line of sight" leadership that is such a benefit to our collegiate chapters, and are role models for our new generations of alumni.

"Leaders are the ones who keep faith with the past, keep step with the present, and keep the promise to posterity" Harold J. Seymour

It has been my greatest pleasure and most heartfelt honor to serve as your Grand President since the fall of 2008. I have tried sincerely to use these years to serve you, the membership, in a manner that befits this office and the stature of Lambda Kappa Sigma as a professional organization. But I know what I have contributed can never equal what I have gained from each and every one of you. For that, I thank you. I invite you join me in welcoming your soon to be newly elected Grand Council, and I urge you to support them as they undertake the challenges and opportunities of launching LKS into a new century of excellence! And as we are preparing to celebrate our rich history and eagerly plan for an even more dynamic future, I feel Hodding Carter captured a basic concept we can all endorse: "There are only two lasting bequests we can give our young people – one is roots, the other is wings."

Esse Quam Videri!

Sharon C. Brown, MS, RPh Grand President

2012 Annual Convention - San Diego, CA

"Charting a New Course"



PRELIMINARY AGENDA (Subject to Change)

Tuesday, July 24th – Taking Care of Business

8:00am - 4:30pm Grand Council Meeting

Wednesday, July 25th – Gather and Connect

8:00am - 9:45am Grand Council Meeting
 10:00am - 11:00am Joint GC / TLC Committee
 11:00am - 11:45am TLC Meeting (continued)
 10:00am - 6:00pm Registration / Meet-n-Greet
 12:00pm - 5:00pm Optional Event: Lunch and Golf Scramble (Everyone welcomed!)
 6:30pm - 8:00pm Welcome Reception at Resort (heavy hors d'oeuvres)
 8:15pm - 9:15pm Presidents Summit (Casual - President's Suite)
 9:00pm - 11:00pm Pool Party/Late Night Game Room

Thursday, July 26th – Welcome to San Diego

7:00am - 5:00pm Registration
 8:00am - 9:45am Breakfast & CE Keynote Address - Diane Ginsburg, ASHP Past President
 10:00am - 11:45am Professional Development
 12:00pm - 1:45pm Lunch
 2:00pm - 3:45pm Collegiate Workshops & Alumni Conference
 4:00pm - 5:30pm Business Session #1
 7:00pm - 9:30pm Blue & Gold Dinner
 9:00pm - 11:00pm Late Night Game Room

Friday, July 27th – Pharmacy, Fraternity and Friends

8:00am - 4:00pm Registration
 8:30am - 9:00am Continental Breakfast
 9:00am - 10:30am Collegiate Workshop - Risk Management
 9:00am - 10:30am Alumni programming
 10:45am - 11:45am CE
 12:00pm - 1:45pm Awards Luncheon
 2:00pm - 4:00pm Business Session #2
 5:00pm - 10:00pm Off Site Event: Bus Transportation to Beach/Night Life (meals, entertainment on your own)
 10:00pm - 11:00pm Late Night Game Room

Saturday, July 28th – Reaching Out: HOPE, Hearts and Hands

8:00am - 11:00am HOPE WaLKS -5K
 12:00pm - 1:45pm Trust Luncheon
 2:00pm - 4:00pm Business Session #3
 6:00pm - 7:00pm Past President's Reception (by invitation)
 7:00pm Group Photo
 7:30pm - 10:00pm Final Banquet & Installation of Grand Council Officers

Sunday, July 29th - That's a Wrap!

9:00am - 11:00pm New Grand Council - Officer and RS Orientation (mandatory)
 11:00am - 1:00pm Region Supervisor Training (mandatory)



HOTEL INFORMATION:

Town and Country
 Resort & Convention Center
 500 Hotel Circle North
 San Diego CA 92108
 Reservations: 800-772-8527
 Website: www.towncountry.com
 Room Rates: \$129/night plus tax, single-quad occupancy
 Reservation cutoff date: July 1, 2012
 (A first night's deposit is required to reserve and confirm room reservations.)
 Parking: \$5/day for hotel guests; \$2/hour not to exceed \$8/day for local guests



The Educational Trust Awards, Appeal and Auction for 2012

by Nancy Horst, Trust Liaison Committee

**Kimberly
Askren
(Nu)
Cora E. Craven
Grant Winner**



**Brittany
Kidwell
(Alpha Nu)
Cora E. Craven
Grant Winner**



**Karen
Partlow
(Epsilon)
Cora E. Craven
Grant Winner**



**Meredith
Howard
(Xi)
Norma Wells
Loyalty
Grant Winner**



**Dawn
Lockman
(Epsilon)
Adele Lowe
Leadership
Grant Winner**



**Courtney
Barnas
B. Olive Cole
Grant Winner**



The central purpose of the Lambda Kappa Sigma Educational Trust is to provide grants to our student members to help in financing their pharmacy education. Since the Trust was created in 1975, LKS members have been generous with their contributions, and the Trust principal continues to grow and provide the funds for several annual grants, named for outstanding alumni.

The grants have benefited about 380 members to date, and will continue to help current students and those to come, the future leaders of our profession.

Seven grants of \$1000 each were announced in January. Winners of Cora E. Craven grants were Kimberly Askren (Nu), Brittany Kidwell (Alpha Nu) and Karen Partlow (Epsilon). Emily Fisher (Omicron) received the Mary Connolly Livingston grant, Meredith Howard (Xi) the Norma Wells Loyalty grant, and Dawn Lockman (Epsilon) the Adele Lowe Leadership grant. The B. Olive Cole Graduate Study award went to Courtney Barnas at the University of Rhode Island.

The recipients in 2011 from the fall 2010 applications were: Cora E. Cravens, Jessica Abraham (Lambda), Jacqueline Mullarkary (Alpha Pi), and Theresa Phung (Alpha Rho); Amanda Wojtusik (Xi) got the Mary Connolly Livingston grant, Shaina Bernard (Tau) the Adele Lowe Leadership grant, Amanda Memken (Phi) the Norma Wells Loyalty grant, and Rebecca Davis (Xi) the B. Olive Cole. Congratulations to all these loyal sisters! And many thanks to the Educational Grants Committee—Carrie Moles, Chair, Patti Lozano and Marijo Kraisinger for their hard

work in screening all the applications and determining the winners.

Currently, the annual fund raising appeal is in progress. Thank you so much, if you have already contributed. If you haven't yet, please send in your check to the International Office as soon as possible. (The Trust does not have the ability to receive payments by credit card at this time.)

If you belong to a chapter that has an individual chapter fund within the Trust (Alpha, Eta, Tau, Alpha Zeta, Alpha Pi), you can designate your gift to go there, or to the general Trust fund or to a specific named grant. Make the Trust one of your "Charities of Choice".

Another way to raise funds for the Trust is the auction at Convention. There is both a silent auction and a traditional one at a meal function. Our members bring LKS and pharmacy memorabilia and other great items of interest, which has included time at a vacation spot, to be auctioned off. Generous bids resulted in raising over \$11,000 last year in Detroit. It would be great to equal or exceed that next July in San Diego. Please be looking for items you can bring to Convention for the auction, and email Nancy Horst at nhorst5911@aol.com with the details.

All of the Trust Liaison Committee members are looking forward to an enjoyable Convention and success for the Trust. Thank you again for all your donations, past and present! See you in San Diego!

Trust Liaison Committee: Gloria Bernstein (Nu), Robin Bogner (Alpha Beta), Ruth Brown (Eta), Donna Dancer (Alpha Iota), Avis Ericson (Alpha Iota), Marilyn Haberle (Alpha Zeta), Marilyn Harris (Tau), Barbara Hayes (Alpha Sigma), Nancy Horst (Chi), Neil Leikach (Patron) and Christine Perry (Alpha).

**Jessica
Abraham
(Lambda)
Cora E. Craven
Grant Winner**



**Jacqueline
Mullarkary
(Alpha Pi)
Cora E. Craven
Grant Winner**



The Educational Trust Awards... continued



Theresa Phung
(Alpha Rho)
Cora E. Craven
Grant Winner



Amanda Memken
(Phi)
Norma Wells
Loyalty
Grant Winner



Shaina Bernard
(Tau)
Adele Lowe
Leadership
Grant Winner

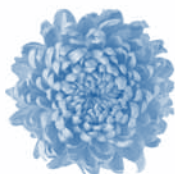


Amanda Wojtusik
(Xi)
Mary Connolly
Livingston
Grant Winner



Rebecca Davis
(Xi)
B. Olive Cole
Grant Winner

Not Pictured:
Emily Fisher (Omicron)
Mary Connolly
Livingston
Grant Winner



LKS Brand Platform and Color Palette

During the 2010 convention, the Grand Council was asked to address the use of colors with respect to the Fraternity name and logos. Although this topic has been discussed at various times in the past without any definitive decision, the Grand Council and the 2011 Convention Body have finally collaborated to produce a specific policy to guide Fraternity members in regards to a fully implemented Brand Platform, including an approved Color Palette.

Why has LKS adopted a brand platform at this particular point in time? One might argue that this is the best possible time, while we are preparing to celebrate our 100th year as leaders in the profession of pharmacy. We are deeply engaged in the process of Selected Standardization. This is a function whereby an organization reviews critical core processes and activities to ensure alignment with the true intent of the organization. In other words, do the things we actually do support our mission, vision, and values? Do the things that others outside of our organization see us do demonstrate the mission, vision, and values of Lambda Kappa Sigma? A brand platform guides all members to contribute to increased recognition of Lambda Kappa Sigma on a broader scale, through repeated exposure to our message delivered in a consistent manner to our members, potential members, and the public we serve.

While we are all members of Lambda Kappa Sigma, an international fraternity, we are also members of our individual chapters. And it is imperative that each chapter be allowed to have its own traditions, special events, and unique activities that strengthen the bonds of sisterhood among chapter members. But even these local activities must be in alignment with our organizational policies – Code of Conduct, Brand Platform, Risk Management Program, and Color Palette, just to name a few.

While fraternity leadership strongly advocates for strict compliance with the new Color Palette, we do understand that this is a significant change impacting our collegiate chapters. It is exciting to get special shirts with the colors associated with an event chapter members are supporting – pink letters for the Susan G. Komen Foundation Race for the Cure, purple shirts for the Leukemia and Lymphoma Society events, and many other activities

that place our members in the public eye and provide opportunities to support very worthwhile organizations. I would suggest, however, that participation in these events is also an opportunity to proudly display our letters, and to be recognized as LKS members drawn together in support of a worthy cause. Your Gold and Blue LKS shirts can be worn with any other accessory that represents the colors of the organization you are supporting. Pink sunglasses, purple hats or visors, socks or ball caps – all can be used in a fun manner to show support for that organization while still proudly displaying our letters and colors. This brings additional value to participation in the event by advertising who we are in a very visible manner. It demonstrates organizational pride and character to stand in your own colors among the masses wearing standard-issue T-shirts. McDonald's doesn't change the color of their arches when they sponsor events. We shouldn't change our colors when we participate in events.

The approved Color Palette is blue, gold, gray, white, and black. These colors are to be adhered to for all wearables and other items intended to display the Fraternity name or our Greek letters. No print patterns – solid colors only for Greek letters. I would encourage you all to have fun with this Color Palette. Get creative! I recently ordered a white T-shirt with blue Greek letters and metallic gold stitching – it looks awesome!! I'm looking forward to trying out some other unique combinations that I may not have tried before. It would be great to see tons of new shirts in these colors at the Hard Rock Café in New Orleans during our dessert reception at APhA – I'll be wearing one of mine! Hope to see you there in yours!

I encourage each of you to have a copy of the Brand Platform, and keep in mind the elements of this important guideline as you plan and participate in Fraternity and community events. When the Brand Platform becomes second nature to each of us, it will be a valuable marketing tool promoting who we are and what we stand for every day.

Anyone with questions about the Color Palette or the Brand Platform should feel free to contact any member of the Grand Council, or your Region Supervisor.

History of Lambda Kappa Sigma 1928-1936

Adapted From The Golden History Book

At the time of the second biennial convention of Lambda Kappa Sigma, held in Chicago from June 21-25, 1928, there were 542 members initiated into the sorority in 12 active chapters and 4 alumnae chapters.

The Grand Council elected to serve for the biennium 1928-1930 was:

Grand President	Belle Wenz Dirstine (Mu)
1st Vice President	Eleanor Cleveland Bigelow (Zeta)
Editor	
2nd Vice President	Katherine Graham (Iota)
Midwestern Supervisor	
3rd Vice President	Christine Clement (Delta)
Eastern Supervisor	
4th Vice President	Ethel Gregory (Lambda)
Western Supervisor	
Grand Secretary	Marietta C. Day (Gamma)
Grand Treasurer	Norma Wells (Zeta)
Grand Auditor	Elvira Silveira (Zeta)
Member at large 2yr	Lorena Bigelow (Zeta)
Member at large 4yr	Mrs. David Johnson (Iota)
Member at large 6yr	Annabel Carter Jones (Alpha)

At this convention, Anna Bee Haller Webster (Gamma) presented the *Blue and Gold Triangle* Endowment Fund plan which was adopted. The essence of this plan was to solicit Life Subscriptions to the *Triangle* and place money obtained for these into a separate fund so that the principal could be invested to bring interest. The interest thus would in turn be used to defray the publication costs of the *Triangle*.

Special requirements were also set up for the establishment of Alumnae chapters. It was also determined that there was a need for a Pledge Handbook and that one would be compiled. It was suggested that all chapters establish scholarship awards in their own chapters to stimulate good scholarship among these members. They established Hygeia Day, a day honoring the first woman pharmacist, according to Greek Mythology. This day was to be observed by all chapters on March 15 with a special professional program.

The second annual issue of the *Triangle* appeared in 1928 with 64 pages of news. It was edited by Anna Bee Webster. The third issue of the *Triangle* consisting of 64 pages appeared in 1929. It was edited by Eleanor Bigelow. That year the first Lambda Kappa Sigma get-together was arranged in the form of a luncheon during the week of August 26-31 at the American Pharmaceutical Convention that was held in Rapid City, South Dakota. Six chapters were represented. In May 1930 another luncheon was held at the APhA convention in Baltimore. Epsilon Chapter made all the arrangements.

During this biennium, four new collegiate and two alumnae chapters were added to the LKS roster.

Epsilon Chapter formed when the Blue and Gold Girls Club at the University of Maryland were pledged into LKS on December 13, 1928 by two members from Eta Chapter. On May 2, 1929, Epsilon Chapter was installed. The fifteen charter members were President-Corrine Jacobs, Vice President-Rita O'Connor, Secretary-Mildred Shivers, Treasurer-Frieda Kroopnick, Jessie Cantor, Frieda Carton, Amelia DeDominicis, Jeannette Highinian, Nancy Kairis, Elizabeth Kreis, Sylvia Miller, Dorothy Schmalder, Lea Scoll, Virginia Scott and B. Olive Cole.

Omicron Chapter-The women students at the College of Pharmacy in Detroit organized themselves into the Pharmakon Club with the assistance of the Dean in 1928. They were visited by Grand Secretary Marietta Day who installed the chapter on April 4, 1930. The charter members were President-Olga Kravchell, Vice President-Thelma Beaubien, Secretary-Helen Linsky Dionca, Treasurer-Nellie Smalarz Gasior, Margaret Repepi De Santis, Eugenia Lemke Balicki, Belle Moskowitz Schwarzenfeld, Irene Andrysiak Temrowski, Stella Grych Zebracki, Mary Tencza Janik, Delta Stroh, Ruth Whyard Swickle, Mrs F. T. Bradt, Mrs E. R. Crandall and Alma Ackley.

Pi Chapter at Rutgers University was installed on May 9, 1930. The charter members were: President-Marie Jannitti, Vice President-Jeanette Golosoff, Secretary-Ludmilla Lutostanski, Treasurer-Marie Masi, Juanita Barlow, Rose Dotto, Grace Huber, Evelyn Soffer, Ada Herman, Helen Bode, Eugenia Walden, Titina Gargiulo, Olga Berzetes, Annabel Beaty and Edna Contrucci.

Rho Chapter was installed at the North Pacific School of Pharmacy at Portland, Oregon, on May 16, 1930 by Grand President Belle Wenz Dirstine. The eight charter members were: President-Cecil Duerr, Vice President-Mary Schultz, Secretary-Monica Perfield, Treasurer-Beatrice Henderson, Marie Jacobs, Clara Hornstein, Olive Updike and Josie Updike.

Lambda Alumnae Chapter was organized on August 22, 1929. The officers elected were President-Ethel Mae Gregory, Vice President-Carolyn Quinn, Corresponding Secretary-Mary Martin Gipson, Recording Secretary-Beatrice Hammeresly, Treasurer-Kitty Burns Kichner.

Xi Alumnae Chapter was established in 1930. The first President was Lucille Hanley and Secretary was Meryl Korsun.

By 1930, there were sixteen collegiate and five alumni chapters organized, and that year the third biennial convention of Lambda Kappa Sigma was held from July 25-29 in San Francisco with Zeta Chapter as hostesses. The advantages of belonging to a national sorority certainly were in evidence when the Gamma members entertained seven sisters from the east as they came through Chicago en route to San Francisco.

History 1928-1936 Continued

The Grand Council elected to serve for the biennium 1930-1932 was:

Grand President	Belle Wenz Dirstine (Mu)
1st Vice President	Barbara Hynes Collins (Gamma)
Editor	
2nd Vice President	Ruth McCormick Kent (Theta)
Midwestern Supervisor	
3rd Vice President	Christine Clement (Delta)
Eastern Supervisor	
4th Vice President	Dorothy Barry (Delta)
Western Supervisor	
Grand Secretary	Marietta C. Day (Gamma)
Grand Treasurer	Ruth Miller (Eta)
Grand Auditor	Mrs. Charles LaWall (Eta)
Member at large 2yr	Mildred Carlisle (Eta)
Member at large 4yr	Ethel J Heath (Alpha)

Some of the business transacted by this Grand Council was the establishment of the Registration Fee for future conventions. The *Triangle* should be published quarterly in October, December, March and May and the subscription rate would be \$1, annually. To help cover the costs of publication, it was voted also to assess each chapter \$5 annually. There was discussion also about the idea of a national award to be presented to a member for high scholastic achievement. It was also announced that the first Pledge Handbook would be ready for distribution in the fall.

Two collegiate and one alumnae chapter were added during the biennium.

Sigma Chapter at Columbia University was chartered on March 11, 1931. Charter members were President-Lillian Marshall, Vice President-Mary Twersky, Secretary-Minnie Goodrich, Treasurer-

Sara I. Levy, Esther Glick, Minnie Rossi, Ann Villone, Lena Porgoman, Elinor Dorr, Frances Salmeri, Bertha Brody, Laura Amatucci, Mae Baskin Schwartz, Sylvia Ricciardelli, Dora Birnbaum, Mary Gordon, Mitzi Robas Safarik and Kate Fromm.

Tau Chapter, Duquesne University, received its charter on March 18, 1932. Charter members were President-Aida Esposito, Vice President-Josephine Cornett, Secretary-Barbara Gross, Treasurer-Patsy Pugliano, Frances Borda, Mary Galigiuri, Catherine Fox, Helen Kovach, Anna LaBruno, Mildred Misko and Rosemary Wurdack.

Eta Alumnae Chapter was installed on October 21, 1930 with fourteen charter members. The first officers were President-Clastine Neece, Vice President-Francis Marr, Secretary-Henrietta Wood, Treasurer-Virginia Osol.

The 1932-1934 biennium opened with the 4th Biennial Convention being held on June 14-20, 1932 in Philadelphia. It was the first convention that Ethel J. Heath, the founder, had attended and she gave a talk on the "History and Future of Lambda Kappa Sigma". There were fourteen chapters represented out of the twenty-three collegiate and alumnae chapters in existence at that time. There were important revisions made to the constitution and by-laws. The Grand Council was re-

organized, by doing away with the Six Year Member-at-large and creating the office of Grand Editor. The 1st, 2nd and 3rd Vice Presidents were made responsible for collegiate chapters in the three geographical regions and the 4th Vice President was in charge of the alumni chapters. The Pledge fee of \$1 was also introduced at this convention. The idea of a national scholarship award was voted for, a key to be awarded to a sorority member attaining valedictory rank for the entire pharmacy course give by each chapter.

The Grand Council elected to serve for the biennium 1932-1934 was:

Grand President	Barbara Hynes Collins (Gamma)
1st Vice President	Ruth Miller (Eta)
2nd Vice President	Olga Yader (Theta)
3rd Vice President	Erma Ingling (Mu)
4th Vice President	Mabel Kettering (Gamma)
Grand Secretary	Marietta C. Day (Gamma)
Grand Treasurer	Anna Bee Webster (Gamma)
Grand Auditor	Christine Clements (Delta)
Member at large 2yr	Belle Wenz (Mu)
Member at large 4yr	Ethel J Heath (Alpha)

The 5th Biennial Convention was held from June 21-25, 1934 in Chicago. Eighteen chapters were represented. A new revised Pledge Handbook was printed. Incorporated in the back of the same booklet was the National Constitution and by-laws of the sorority. The convention also voted to set aside \$250 toward the purchase of a gift for the new Institute of Pharmacy building of APhA in Washington D.C. The sorority prayer, written by Jo May Zeisig, Eta, was introduced and adopted for national use, and is the one currently used to open all of our meetings.

The Grand Council elected to serve for the biennium 1934-1936 was:

Grand President	Norma Chipman Wells (Zeta)
1st Vice President	Polly Prenzel (Eta)
2nd Vice President	Theresa O'Braitis (Gamma)
3rd Vice President	Ethel Gregory (Lambda)
4th Vice President	Marietta C. Day (Gamma)
Grand Secretary	Belle Wenz Dirstine (Mu)
Grand Treasurer	Marlowe Dittebrandt (Mu)
Grand Auditor	Monica Perfield (Rho)
Grand Editor	Barbara Hynes Collins (Gamma)
Member at large 2yr	Carolyn Wolters (Mu)
Member at large 4yr	Cora Craven (Alpha)

There were now nineteen collegiate chapters in the sorority and five alumni chapters, one new chapter having been added during the biennium.

Upsilon Chapter was chartered on May 30, 1936 at the University of Idaho. The charter members were: Cleota Ayers, Maxine Keane, Margaret Southern, Jean Lewis, Juanita Bonar, Elaine Brown, Margaret Baxter and two graduates, Kate Baxter and Dorothy Faris.

2010-2012 WOMEN'S HEALTH ISSUE: STAGING AND TREATMENT OF OVARIAN CANCER

by Doratheia Andrews, PharmD, BCPS, WHI Committee Chair

Staging of ovarian cancer is so important to diagnosis and treatment that it will be covered in this article again. It is important because there are different prognoses and treatments for the varying stages of ovarian cancer.

Ovarian cancer is commonly staged using the American Joint Committee on Cancer's (AJCC) TNM system. The AJCC/TNM system describes the extent of the primary Tumor, the absence of metastasis to nearby lymph Nodes, and the absence or presence of distant Metastasis. The T categories for ovarian cancer are subdivided into T1 through T3. The designation Tx is used when the tumor's extent is unknown. The N categories describe whether there is lymph node involvement or not. The same is true for the M category. See Table 1 for a complete description of the AJCC/TNM system. Once a patient's TNM status has been determined, this information is then used to determine their cancer stage. Stage I ovarian cancer is typically confined to one or both of the ovaries, but can be found on the surface of the ovaries or in the fluid collected from the abdomen. In Stage II, the cancer has spread from one or both of

the ovaries to other tissues in the pelvis. These tissues can include the fallopian tubes and uterus and cancerous cells may also be found in the fluid collected from the abdomen. In Stage III, the cancer has spread to tissues outside of the pelvis or to the lymph nodes located in the abdomen and cancerous cells may be found on the outside of the liver. In Stage IV, the cancer has spread to organs beyond the abdomen, such as the liver and lungs. See Table 2 for a description of the TNM status and ovarian cancer stages.

As with many cancers, ovarian cancer treatment often consists of surgery and chemotherapy. Surgery is often the first course of action, so that doctors can remove the cancerous tumors and also determine the stage of the cancer. Chemotherapy will begin several weeks after surgery. The most common chemotherapy regimen for ovarian cancer is a platinum-based drug, such as carboplatin or cisplatin, and a taxane, such as paclitaxel or docetaxel, for approximately six cycles that are given three to four weeks apart. Radiation therapy is rarely used in the treatment of ovarian cancer, but can be used if a patient

has a recurrence of the cancer or cannot tolerate chemotherapy. If a patient has a relapse soon after receiving chemotherapy, then their cancer is classified as platinum-resistant. A patient with platinum-resistant cancer can be treated with other chemotherapy agents, such as liposomal doxorubicin, topotecan, oral etoposide, gemcitabine and vinorelbine.

Chemotherapy is associated with many adverse effects. The most common adverse effects are nausea, vomiting, mouth soreness, hair loss and the lowering of blood counts (red blood cells, white blood cells, and platelets). Adverse effects associated with the lowering of blood counts include anemia, fatigue, increased risk of bleeding and bruising, and an increased risk of infection. Other less common, but more serious adverse events include peripheral neuropathy (tingling and numbness in hands and feet), increases in liver function tests and decreased renal function. Cisplatin has been associated with hearing loss, specifically high frequency hearing loss, but this adverse effect is more commonly seen in children. Paclitaxel is associated with flushing and a hypersensitivity reaction. However, this reaction is commonly avoided through the pre-medication of the patient with antihistamines.

Table 1 AJCC/TNM System Definitions

Category	Definition
Tx	No description of the tumor's extent due to incomplete information
T1	The cancer is confined to one or both of the ovaries.
T1a	The cancer is only inside 1 ovary.
T1b	The cancer is inside both ovaries.
T1c	The cancer is inside one or both ovaries and is either on the outside of an ovary, grown through the capsule of an ovary or is in fluid taken from the pelvis.
T2	The cancer is in one or both ovaries and is extending into pelvic tissues.
T2a	Cancer has spread to the uterus and/or fallopian tubes, but isn't in pelvic fluid
T2b	Cancer has spread to pelvic tissues besides uterus and fallopian tubes, but isn't in pelvic fluid
T2c	Cancer has spread to uterus and/or fallopian tubes and/or other pelvic tissues and is found in pelvic fluid
T3	Cancer in one or both ovaries and spread to abdominal lining outside pelvis
T3a	Cancer metastases are so small that they cannot be seen except under microscope
T3b	Cancer metastases can be seen, but tumors are no bigger than 2 centimeters
T3c	Cancer metastases are larger than 2 centimeters
Nx	No description of lymph node involvement
N0	No lymph node involvement
N1	Cancer cells are found in lymph nodes close to tumor
M0	No distant spread
M1	Cancer has spread to the inside of the liver, to the lungs, or other organs.

Table 2 Ovarian Cancer Staging based on AJCC/TNM Definitions

Stage	T	N	M
I	T1	N0	M0
IA	T1a	N0	M0
IB	T1b	N0	M0
IC	T1c	N0	M0
II	T2	N0	M0
IIA	T2a	N0	M0
IIB	T2b	N0	M0
IIC	T2c	N0	M0
III	T3	N0	M0
IIIA	T3a	N0	M0
IIIB	T3b	N0	M0
IIIC	T3c	N0	M0
	Any T	N1	M0
IV		Any N	M1

COLLEGIATE CHAPTER NEWS

ALPHA CHAPTER



The sisters of Alpha Chapter hope everyone has had a successful start to their 2012! Since we last wrote, we have been very busy Lambs. In November, we had the pleasure of welcoming Marina Grgas to Boston for her Region Supervisor's visit. To top off her visit, the sisters put on a Thanksgiving Dinner. The dinner was delicious and it was a great step in enhancing our sisterhood! We participated in Dining For Women with a presentation focusing on enabling women in the rural portions of India to have the opportunity to become literate and receive an education. It was humbling to learn about the pressures these young girls suffer under, and our hope is to help them achieve literacy so that they can escape their impoverished lives and create a better one for themselves.

Also in November we held our second recruitment event consisting of a presentation on our Fraternity, speaking about the importance of attending Convention, and an activity. We decided to have potential new members make holiday cards and decorations for soldiers fighting overseas. The decorations were put into care packages filled with necessities and sent to various platoons fighting for our nation.

On December 1st, we participated in MCPHS's World AIDS Day showcase. We presented a poster discussing AIDS and helped pass out goodie bags that enhanced the message of protection to prevent the spread of AIDS/HIV. Our Winter Formal was also held in December at the Hilton Hotel in Boston. Sisters exclaimed that they had a fabulous time, and everyone in attendance looked beautiful. Towards the end of the semester, we invited the MCPHS community to come take a study break and enjoy sushi with the sisters of LKS. We were excited to see the number of students who stopped by to chat and indulge in sushi.

When we returned from Christmas break, the start of spring semester signified that our recruitment period was wrapping up, and before we knew it, Orientation was underway. Our final recruitment event was held in January. We presented an overview of our Orientation process and shared mocktails with our potential new members. Orientation was very successful and we are proud of our newest Lambs and additions to Alpha Chapter family.

In mid-January on a relatively mild day in Boston, Massachusetts, Lambs from both Alpha (MCPHS) and Alpha Rho (Northeastern) met at Boston Common's Frog Pond skating rink for a lovely skating outing. It was awesome to connect with other Lambs who literally are our neighbors, and we hope to see our connection with them grow!

For professional events this semester, we participated in Daffodil Days, which raises money for the American Cancer Society. Sisters went to local hospitals to deliver the purchased Daffodils. We held a Red Dress Gala where, through Project HOPE, we were able to raise money for adult educational services to help local women receive the education they need to survive. We learned that as women in a school

of pharmacy, we were very privileged to receive such a high-level education and our hope is to grant this opportunity to other women as well.

Events coming up for the rest of the semester include Hygeia Day where we will have speaker Timothy Hudd. We are looking forward to Greek Week this year and are hoping to win the competition! Serious motions have already begun in preparation for our Fraternity's Centennial in the summer of 2013 to be held here in good ole Boston, MA...so keep an eye out for upcoming information! We wish everyone a lovely spring and hope to see you in San Diego!

DELTA CHAPTER



The Delta Chapter of the University of Pittsburgh School of Pharmacy has had a busy winter and is looking forward to its events planned for the spring season. In December, Delta sisters held their annual holiday party/gift exchange at the Spaghetti Warehouse restaurant in Pittsburgh. During Pharmacy Week at the school in January, the chapter donated a school spirit basket to the annual charity auction held to provide health care to underserved populations. Throughout the month of February, sisters have been actively volunteering in Pittsburgh at the Ronald McDonald House and Family House, which provide a home away from home for family members of patients who require hospitalization for an extended period of time. Delta sisters have also been holding coffee/hot chocolate and baked good sales at the school to raise funds for Project HOPE. The Ovarian Cancer service project initiated in the fall has also been continued into the spring semester.

Additionally, February included a special visit from the North East Region Supervisor, Marina Fridman. The chapter received a glowing report and lots of great ideas for next year from Marina. Delta sisters greatly enjoyed showing Marina the city of Pittsburgh and spending a fun weekend with her.

At the end of March, the Delta Chapter will hold its annual Hygeia Day event. At this informative luncheon, students will have the opportunity to listen to a presentation on substance abuse by a pharmacist from the University of Pittsburgh Medical Center. Delta sisters are looking forward to this event, as well as to the end-of-the-year dinner which will be held at the end of April. In the meantime, Delta Lambs will be busy with their service and professional projects throughout Pittsburgh. We wish everyone a successful conclusion to the semester and a fantastic summer!

EPSILON CHAPTER



Hello from the sisters of Epsilon Chapter! We had an exciting fall semester, which ended

with three great fundraisers, our annual CV/Resume workshop, and the inaugural Lunch with Lambs event. The sisters of our chapter worked hard to make our first Yankee Candle fundraiser a success. We also had a very successful bake sale and Santa Gram fundraiser to help raise money for HIV/AIDS week. Additionally, we partnered with Phi Lambda Sigma to host a CV/Resume workshop (sponsored by Supervalu) in which students were able to get one-on-one assistance with their CV or resume.

Our first Lunch with Lambs began in November. Once a month we recruit an LKS alumnus or faculty member to have lunch with several students. Students are able to discuss topics such as academics, career advice, the future of pharmacy as a profession, or whatever else they so desire in a small group setting. This program is open to all pharmacy students and has grown in popularity since beginning the program this past fall. We are excited to say we have already scheduled Dean Eddington to participate later this semester.

We have several other exciting events planned for this semester. We will be holding a supply drive to collect items to donate to a local women and children's transitional housing program. Just before Spring Break, we will set up an information table at our campus in conjunction with the Back Up Your Birth Control campaign to educate students on emergency contraception. But we can't be all work and no play, so we have once again challenged our Kappa Psi chapter to Laser Tag. We hope they accept, so we can beat them like we did last year!

LAMBDA CHAPTER



Lambda chapter is very pleased to announce that we have successfully initiated 31 highly motivated individuals to our big family! We look to these new members to take on future leadership roles and continue to strengthen the Lambda chapter. In just the past two months, our chapter has held many amazing events. Not only have we have been hard at work planning for the convention this summer in San Diego, but we recently had a successful fundraising night for Project HOPE! Almost everyone participated in this fun night out at Souplantation, where we filled our bellies, made new memories, and raised money for an important cause. Our members have also enjoyed participating in several professional events this semester, including workshops on interview skills, contraceptive health care, and board certification in pharmacy. We were also able to hold a new event this year – an Etiquette Dinner hosted by one of our most active alumni, Dr. Lisa Lum! In the near future, we are planning to have Dr. Holly Strom share her unique experiences as a pharmacist with our members for Hygeia Day. Of course, we also look forward to our annual year end banquet where our actives will celebrate the memories of this past year, install the new board for next year, and congratulate our beloved fourth years

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who will be graduating in May! We are very happy about our achievements this year and hope to see many of you at the convention this summer in San Diego!

NU CHAPTER



The fall semester was very exciting for Nu chapter. We recruited and initiated 12 members at the end of November. We were very excited to celebrate the newest members of our chapter with a formal dinner after the ceremony. Going to dinner after initiation was a great time to spend with all of our sisters.

Last semester was very busy but fun for Nu chapter. We had our agenda packed with sisterhood events, fundraising activities and professional speakers! We went to a corn maze several times, participated in Up til Dawn (the Phi Delta Chi philanthropy event) and heard from women in the Des Moines community about their experiences. We ended the semester with a fun informal chapter meeting and a holiday party. Members brought snacks and goodies and some members even participated in a white elephant gift exchange.

At the end of the fall semester we began planning for our HOPE WaLKS event, by addressing envelopes and letters to potential sponsors. This semester we have begun the preparations to make this a great event. The various committees are hard at work to make everything the best it can be.

This coming semester for Nu chapter is looking to be fun and exciting.. We have already had many sisterhood events at the basketball games and spend time with Bigs and Littles. As the weather gets nicer we are sure to enjoy many fun things in LKS including Drake Relays where we hope to see many alumni return.

XI CHAPTER



It is hard to believe that it is already spring semester here at URI. First semester flew by for us. After welcoming 62 new sisters to our chapter, we didn't waste any time including them in our events and fundraisers last semester. A few highlights from last semester included participating in Breast Cancer and Ovarian Cancer walks up in Providence, inviting P4 sisters to hold a Rotation Round Table, hosting bake sales to benefit different organizations each month, and wrapping up the semester with a winter formal with Kappa Psi.

After only being back to school for a few weeks from winter break, the Xi Lambs are preparing for an eventful second semester. The first big event that LKS was able to participate in was the URI College of Pharmacy Soup, Chili, and Chowder throwdown! The LKS team, Amanda

Waldeck and Leah Walsh, walked away with the "Tablescape Champs" title for their creative table set-up and decorations. The first week back for 2012 the Fundraising Committee was hard at work planning new fundraisers for the semester. Our first bake sale helped us raise money to support The B. Olive Cole Leadership Lecture at the University of Maryland School of Pharmacy. We are very excited for our new lacrosse pinnies to come in that the fundraising committee designed to sell to sisters as a chapter fundraiser. Our professional committee has a busy end of the month ahead of them as they plan our First Teal Dress Gala and a meeting hosting guest speaker, Past Grand President Christine Perry. The past two years we have held a Red Dress Gala in February in honor of American Heart Month, but this year we are swapping red dresses for teal ones to raise money and awareness for Ovarian Cancer. The most exciting part of the Teal Dress Gala is that our sisters from Alpha Beta will be coming down to join us for a night filled with food and games. At the end of this month Xi sisters will have the honor of having Christine Perry join us to talk about her accomplishments in the world of pharmacy and give us all some insight on how to be as successful as she has been.

The rest of the semester will no doubt keep our Lambs busy. We are hoping to reconnect with some of our Alumni at the Seminar by the Sea in Newport this coming month and have some of them join us at our College of Pharmacy Picnic at the end of the year. The community service committee is organizing our LKS team for Relay for Life in April while still planning service events each month. With all these fun events going on it is great that we have our academic committee updating our exam calendar to organize each years' exams. During finals last semester they organized a yoga class study break. The response was great, and they are hoping to do something similar for spring finals. Also, none of us could make it through exams without the finals care packages the girls put together for our parents to buy for us during exam week! Xi sisters have a lot of work to do before wrapping up the semester with our spring formal with Kappa Psi and annual Spring Banquet to honor our sisters' accomplishments and celebrate another successful year for the Xi Chapter!

OMICRON CHAPTER



Greetings from the Omicron Chapter at Wayne State University in Detroit! We were pleased to see our chapter grow as we welcomed 11 new members at our Initiation ceremony last November. We finished off the fall semester with a Secret Santa gift exchange, a few more social dinners in Detroit, a fundraising bake sale, and gift boxes for Operation Christmas Child.

In this new semester and year, we are continuing to hold social dinners at local Detroit restaurants. We participated in the Lost Lambs project. We will be holding a bake sale in February to benefit Go Red For Women, as well as a bake sale later in the semester for chapter fundraising purposes. We have also continued to make and sell decorated name badge reels,

and we are doing a See's Candy fundraiser in March. We once again will be serving dinner at the local Ronald McDonald House for one of our community service events. This has been a very rewarding event for everyone who has participated, and we hope to continue it in future semesters. For Valentine's Day, we made over 50 gift baskets and bags for patients at Children's Hospital of Michigan. Several of our members are looking forward to be attending Convention this year in San Diego.

PI CHAPTER



Greetings from the lovely Lambs of Pi Chapter at Rutgers University. We are kicking off this semester in full force with a list of goals we will reach this semester. Spring 2012 started off with a very fun-filled recruitment week. Some events we hosted included "Mocktails" where we made virgin daiquiris, martinis and piña coladas and played different ice breakers to get to know the potential new members. We also hosted "Speed Dating with the Sisters" where all the sisters received a chance to get to know as much as possible about the potential new members. It's amazing how fast you can talk and how much you can learn in 3 minutes. Now the orientation process is underway and we wish to end with well-rounded, time mastering professional women who will use their skills to serve our chapter and organization.

This semester Pi chapter has decided to really focus on two things, service and sisterhood. We have a list of service events that we plan on attending as a group over the next couple of months. So far this semester we have participated in the Martin Luther King Day of Service where we made over 10,000 meals for underprivileged youths! Who knew that volunteering just a couple hours out of your Saturday could have such a large impact. Next month, we will be participating in Rutgers' annual Dance Marathon, a 32 hour, student-run philanthropic event to raise money and increase awareness for the Embrace Kids Foundation, a non-profit organization that aids the non-medical needs of children with cancer and blood disorders. Other service events we have planned for this semester include Relay for Life and monthly visits to Regency nursing home.

To strengthen our sisterly bond, Pi chapter has also decided to have a sister event once a month. This allows us the opportunity to close the books for a few hours and enjoy each other's company. In January we went to New York City and met up with the Alpha Pi Chapter (St. John's University) and had a great night ice skating. In February, we had a sister's night in where we danced and laughed the night away. We are currently in the works of planning our upcoming sister socials that include bowling and spa night. Our goal is to grow together professionally and socially.

In our efforts to focus on service and sisterhood we have not forgotten about our professional duty. We are currently in the mix of finalizing our professional event for the semester entitled "Plan A: The Alternative" where we will discuss different methods of contraceptives and

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how to safely and effectively use them. We are targeting first year students in an attempt to spread awareness about safe sex and the different options of protection available. We've conveniently scheduled this event right before Spring Break. We will be cosponsoring with Health Services to ensure that all information given is accurate and up to date.

And last but not least, Pi chapter will be bringing back our infamous Caffeine mugs. This year we have new colors, a better mug and a bolder design. We are in the process of making order forms and should be underway by mid March. As you can see Pi Chapter has a busy semester and is working to uphold the standards of Lambda Kappa Sigma. Love & Lambs <3

TAU CHAPTER



Greetings from the Tau Chapter! Recently, the sisters have participated in many projects such as "What is a Pharmacist?" at local high schools, making blankets for premature babies, organizing blood pressure and carbon monoxide screenings, as well as crafting sister bracelets with the new members that have joined us this semester.

We have added a new committee this semester that will focus on sister bonding and involvement! It has created many opportunities for us to spend time together. During the holiday season we went ice-skating in downtown Pittsburgh, went bowling with another Fraternity, Phi Delta Chi, and had a wonderful time at Formal! We are looking forward to another exciting year with each other, and we warmly wish our fellow sisters a wonderful semester!

PHI CHAPTER



Hello from Phi Chapter at Butler University! We finished off last semester on a good note with a huge response to our annual clothing drive and plans for a great spring semester. We are working on plans to begin a HOPE waLKS event on campus, as well as other philanthropy projects including Easter baskets for Riley Hospital and a toiletry collection for local women's shelters. We already have two fun events, including the high ropes course, planned for us to be able to get to know each other better with more events to come as the semester progresses. We are looking forward to another great semester!

CHI CHAPTER



Greetings from the Lambs of the University of Washington's Chi Chapter! The Chi Chapter has been extremely busy this year, as we've tried to integrate some new events with some of our traditional favorites.

Kicking off the school year, we held numerous initiation events, which allowed us to get to know our new recruits better. We began the year with an LKS-Kappa Psi outing to watch the Mariners baseball game where we bonded with our new recruits and established connections with the other University of Washington professional fraternity, Kappa Psi. We followed this outing up with an onslaught of events including happy hours, bowling, and even a visit from the UBC LKS chapter. During their visit, we took them on a tour of the UW campus and even went to a comedy improv show. This was a truly fun experience for us which allowed us to better get to know our fellow Lambs from the north.

We finished off the quarter with two of our favorite events, Trick-or-Treating for canned goods and a pub trivia night. Through "trick-or-treating" we were able to collect a cartful of canned goods all of which went to Northwest Harvest, the local food bank. We've been holding this event for many years now and each year we are impressed with the generosity of those in the community.

The pub trivia night is something that we only started participating in a few years ago, but it is quickly becoming a popular event. While providing Lambs a fun atmosphere to get together, the event is also very rewarding since all the proceeds go towards paying for textbooks for an underprivileged pharmacy school. This year, the trivia night raised over \$700 for textbooks, which were donated to the University of Namibia School of Pharmacy.

This quarter, the Lambs have been involved in a few new outreach events. For example, we held a women's clothing swap. As part of this event, clothing donation bins were set up on campus where LKS members and non-members alike could donate any clothing items they no longer wanted. At the end of the week, we brought the donated clothing to a Lamb's house where people were allowed to come and pick through the clothing and take as many items as they had donated. Any leftover items would be donated to the women's shelter. However, despite having the ability to take home new clothes, in a spirit of generosity, many of the Lambs chose not to take anything so there would be more to donate. Therefore, we are proud to say that we were able to donate multiple bags of clothing to the local women's shelter.

Another event we were excited to take part in was a women's health fair. This was the first year that LKS has put on this event and it proved to be a huge success. During the fair, LKS members set up booths on the undergraduate campus where we could counsel students on topics like nutrition/eating disorders, cervical and ovarian cancer screenings, HPV vac-

inations, STIs, UTIs, and yeast infections. This proved to be a great opportunity for us pharmacy students to pass on some of our knowledge and was also great in providing more counseling experience for some of our younger members. Despite the sensitive nature of some of the topics, there was a huge turnout of people at our event so we are hoping we can continue to hold these health fairs

ALPHA ALPHA CHAPTER



Greetings from Philadelphia! The sisters of the Alpha Alpha chapter had a busy fall semester. At Christmas, we continued a chapter tradition of adopting a family for the holidays. We were able to 'play Santa' and provided clothing, toys, and gift cards to a deserving family. We also gained 14 amazing new sisters!

Our spring semester is shaping up to be even busier. Our first event of the semester is participating in the Relay for Life. It is an overnight team relay-style event where our sisters will take turns walking around a track to celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease.

We are also working on two fundraisers for the spring semester. The first is a great t-shirt idea that our president and delegate brought back from the summer Convention. Our second fundraiser is a Spring Formal. It is a joint event with our school's chapter of Kappa Psi that will benefit Shriner's Hospital for Children. It is located next to our school and provides pediatric care free of charge. Shriner's is dedicated to improving the quality of care and lives of its patients and families and we are excited to raise money for this great cause. We wish every chapter a successful and great semester! Lambs Love, the sisters of Alpha Alpha.

ALPHA BETA CHAPTER



Welcome Back from Alpha Beta Chapter at the University of Connecticut! After a relaxing winter break, we started the semester with our annual "Lock-In," which is graciously hosted by our Fraternity advisor, Dr. Bogner. Sisters were able to bond in a casual environment while enjoying a delicious dinner from Wings over Storrs. At this meeting, we discussed our goals and plans for the semester and have been working ambitiously since to achieve them!

The Fundraising committee began the

semester with a rose sale where students could send roses to their peers to celebrate Valentine's Day. We delivered orders for "Proud Parent of a Future Pharmacist" t-shirts, which were a great success in the School of Pharmacy! We have decided to also sell baseball caps with the school's logo printed on them. In an effort to achieve their goal of creating more University-wide fundraisers, the committee plans to have a Krispy Kreme Donut sale and Yankee Candle sale too.

In exciting Alumni committee news, the "Lost Lamb Recovery" program is now newly organized and ready to go! The committee is very excited to have the opportunity to communicate with previous Lambs and is working diligently to do so. As part of our LKS tradition, we are planning a dinner at Willington Pizza to honor our P4 sisters and wish them the best in their future endeavors. The Alumni committee is also excited to plan a bonding event with our newly activated Alumni chapter, where we will enjoy some famous Chuck and Margarita's Mexican food!

The Community Service committee is beginning new projects this semester to give back to our community. We have reached out to a local dementia unit to plan some fun holiday events like Easter egg painting and pumpkin painting in the fall! We also plan to donate to "Blessings in a Backpack" for impoverished children and take advantage of spring-cleaning with a clothes drive for "Big Brother, Big Sister." The committee is also working with another University organization within Student Health Services, Sexperts, to promote safe sex with the "Cover Your Clover" program in recognition of St. Patrick's Day.

The Social committee began its semester with a friendly game of Assassins, a campus wide chase to tag sisters out with the phrase, "83 cups of coffee," which is the amount of caffeine it would require to kill someone. We have also started planning monthly sister dinners where members meet at a particular dining hall on campus to enjoy a pasta dinner together before chapter! To achieve the goal of becoming more involved with the other Greek organizations within the School of Pharmacy, Social committee is planning to host a scavenger hunt with them and participate in UCONN's annual Oozeball tournament, a muddy volleyball game.

To kick off the semester and celebrate Valentine's Day, the Professional committee created a beautiful display case within the Student Union informing our peers about heart health! We plan to reserve another display case in the spring with information about allergies. To support our sisters applying to pharmacy school, we are planning mock interviews and a presentation by Nordstrom representatives on professional apparel and appropriate dress. Also, the committee will be distributing ribbons and holding a bake sale to benefit Autism Speaks.

As the summer slowly approaches and all Lambs are getting excited for Convention, we have decided to form a Convention committee. In this group, we will focus solely on planning fundraisers to raise money so more of our members can afford to attend and have the opportunity to experience this amazing event!

The spring semester will no doubt be a busy one for Alpha Beta chapter, but we are excited to move forward with our goals and continue to bond with our new members! Good luck to all of our fellow Lambs with your goals this spring!

ALPHA ZETA CHAPTER



This year we started off with the excitement of 35 new sisters! We currently have over 100 active members, which is the largest our chapter has ever been. The new members raised money for the Joplin Tornado Relief Fund. This year we started Hoops for Hope which is a competition for students campus wide to participate in basketball and hula hoop competitions. We had a donut and bagel sale and sold t-shirts for fundraising! Overall we were able to raise over \$800 for Project HOPE! With this year's success, we plan to make this an annual event. We volunteered with our school to help with the St. Louis medication disposal program. We continue to volunteer with Boo Fest for children with juvenile diabetes, collect toys for the family resource center with our Angel tree at Christmas, and help wrap presents for underprivileged children through Santa's Helpers. We contributed to our school's effort to send care packages to troops overseas. We plan to sponsor CPR certification training for 5th year students. We are currently planning on fundraising to support the American Lung Association through Master the Met! This spring we plan to hold a bake sale of puppy chow to support local animal shelters. This year we have 2 teams participating in Relay for Life!

We have planned many recruitment and social activities for the year! In the fall we have a BBQ with different activities including sand volleyball to let the new girls on campus get to know LKS! We also take new students pumpkin picking, ice skating, and cookie decorating. For sisterhood events, we enjoy spending time together through intramural sports, movie nights, an annual Christmas party, and Spring Formal! Our new members participated in our school's annual variety show and won 1st place with their awesome dance skills! Don't forget to visit our website for updates and pictures of this year's events: <http://lksalphazeta.wordpress.com/>

ALPHA ETA CHAPTER



The Alpha Eta Chapter at Long Island University is working hard to make the spring semester a memorable one. We recently welcomed 16 new sisters and we are enjoying getting to know each other and making memories. We have had a few nights out including going to the movies, bowling, and dinners. We had a pot luck dinner to which we all brought a dish that represented our heritage. It was a great bonding experience and all of the food was delicious!

This semester we are focusing a lot on awareness of women's health issues. We had a speaker come in and speak to us and our fellow classmates about HIV and its impact on women. For Hygeia Day, we are holding an event for the pharmacy students about HPV and Cervical Cancer. We will also celebrate that evening with a social event. We recently held a bake sale and plan to hold more in order to hold fundraisers for our formal and for Project HOPE. For Valentine's Day, we held our annual rose and candy sale. We delivered single roses and candy filled medication vials with personalized labels to our classmates. Everyone enjoyed sending and receiving Valentine's surprises. We are looking forward to the biggest event of the year- FORMAL! We are planning what is sure to be an amazing night. For the remainder of the semester, we plan to continue to grow as sisters and form lifelong friendships.

ALPHA THETA CHAPTER



The sisters of the Alpha Theta chapter in Buffalo, NY have been having a lot of fundraising and social events! At the beginning of the semester, our new members held a Build-A-Bear sale. Students had fun stuffing cotton balls inside the bears and designing T-shirts for the furry friend. A big fundraising event that we hold every year is the Valentine's Day flower sale. Along with beautiful carnations and roses, we sell cute little prescription vials filled with "messages" in gelatin capsules. The message in the size 000 capsules could say anything from "I love you" to "best mom." This event is a lot of fun for both UB pharmacy school students and LKS members. Many kind sisters also baked delicious goodies to go along with the sweetness for the day. Another annual sale we have is the intern name badge sale. Since New York state law requires a student intern badge's to say "intern" instead of just "pharmacy student," we provide one for each of students in the P1 class.

As much as we feed our funds, we have so much fun going on outside of pharmacy school. This weekend we have plans to go ice skating; and next week, rock climbing! All active and inactive members are welcome to mingle. Relay for Life is also coming up in April. We'll book a table and fundraise for cancer awareness all night! Last year, we made grilled cheese sandwiches and brownies. This year, we aim to meet a higher fundraising goal. Wish us luck! We wish the best of luck to all chapters and let's have a great semester!

COLLEGIATE CHAPTER NEWS Continued



ALPHA IOTA CHAPTER



Greetings from the Alpha Iota chapter at Ferris State University! We have had a great start to this semester with several delightful rush events, including a luncheon and a dessert night, which allows the potential new members to meet our girls and learn about the Fraternity. As a result, two outstanding young women will be joining our chapter this semester. On January 21, we had our Winter Formal in Grand Haven. It was a wonderful evening and an excellent opportunity for all our new girls to meet several of our alumni who were able to attend. Fundraising for Project HOPE continues great with our snack sales to students in the College of Pharmacy lounge. Our second annual College of Pharmacy chili cook-off was again a huge success and we raised about \$900 for Project HOPE. Our chapter continues our high standard of service in the community by volunteering at the local nursing home, the local recycling center, and through the University. Planning continues well for events such as Hygeia Day and our yearly alumni picnic. Alpha Iota chapter gives our best wishes to all the other chapters and we hope that everyone has a fantastic rest of the semester!

ALPHA KAPPA CHAPTER



Greetings from Athens! The sisters of Alpha Kappa have been busy to start off the new semester. Our chapter has been very busy re-organizing to center our activities around helping our community and raising awareness of our organization not only around the Pharmacy School, but throughout the University campus and the Athens area.

Many of our activities in LKS involve community service. Each year our chapter donates money to Project HOPE. In order to raise money for our national philanthropy, our sisters decided to hold a 5K in honor of Project HOPE. This is the first year we have tried to organize a race and the "Cupid Shuffle" was created. 86 people signed up to run our race, and we raised over \$1600. Because of this success we plan on continuing the race each year. The sisters volunteer their time helping out the community. Many of

our girls donate their time to local food banks as well as nursing homes. We recently decorated Valentine's Day cards for the elderly to celebrate the loving holiday. We also are planning on participating in a local multicultural health fair later on in the spring.

To celebrate the New Year, our sisters went on an amazing retreat to Helen, Georgia. It was a fun filled weekend that was a great bonding experience to get to know all of our sisters. We also have Parent's Weekend coming up. This will be a fun opportunity for us to show our parents exactly what LKS is all about as well as to just spend time with them at our school. Later in the spring we are going to have a formal. This year our formal theme is Midnight in Paris. This will be a great experience for our sisters to get all dressed up and get down and dance.

All of our events and fun would not be possible without the hard work of all of our officers and our faculty advisors. We would like to thank each and every one of them for all of their guidance and hard work to make our chapter a successful organization. We look forward to having a wonderful year at the University of Georgia.

ALPHA LAMBDA CHAPTER



Alpha Lambda welcomed 25 new members with our initiation ceremony in October. In the beginning of the semester, we raised money for charities through textbook sales, Halloween candy sales and CPR courses. We participated in various fun events such as Dodgeball Night and hot yoga class. We started the second semester off with the new PCCA Compounding Boot Camp. Members learned to make a variety of compounds, including suspensions, lollipops, troches and lip balms. With our Christmas party as well as dine-out in January, we have bonded as a chapter. We are excited about hosting our biggest fundraising event, Manufacturers' Night, which will encourage pharmacy students to explore pharmaceutical products and engage in conversations with pharmaceutical company representatives. For Hygeia Day, we will be inviting a representative to give a talk about Ovarian Cancer. We are very excited about our upcoming events and we look forward to seeing all the Lambs at the LKS Convention!

ALPHA MU CHAPTER



Greetings from the Alpha Mu chapter at the University of Toledo! We've recently completed a Fall Formal with our brother group Kappa Psi for the entire College of Pharmacy that had over a hundred guests in attendance. The Formal included a catered meal, raffles, and several fac-

ulty speakers and everyone in attendance had a great time. We also participated in Relay for Life at the beginning of December. Alpha Mu's team, along with the brothers of Kappa Psi, were able to raise \$1,520 to go to cancer research. We've recently completed a cake pop sale for a Valentine's day fundraiser and were completely sold out by the second day.

Currently, we are forming a team for "UT's Big Event," which is a day of community service. On the day of the Big Event, the teams will be sent to different places on and off campus to help the community in any way they can. Alpha Mu also visits the Cherry St. Women's mission each month and helps serve dinner for the women who live there. We are planning our annual Peanut Butter Egg sale which will happen right before Easter. Also in the works is our Project HOPE fundraiser. This year we will be working with Applebees; each person who brings in a coupon will have 20% of their meal price donated to us. The coupons will be passed on to family, friends, colleagues, and the entire college of pharmacy in hopes that we will be able to raise more for Project HOPE.

We have many ideas planned for sisterhood events that will help us deal with some of the stress that we are all dealing with. Some of these events include going to a Mud Hen's baseball game in April and all joining together to see the Hunger Games in theatre. Soon we will start talking about officer elections. We are hoping to have many members step into a leadership position that will help our chapter greatly. We are also excited for our Senior Sister Send Off, where we will honor two of our senior sisters who are leaving us to go on rotations next year. Alpha Mu is excited to see the progress we can bring to our chapter and our university. We'd like to wish everyone luck with their spring semester and send lots of Lambie Love!

ALPHA NU CHAPTER



The spring semester is off to a busy start in the Alpha Nu Chapter at the University of Kentucky College of Pharmacy! On January 13th, we held one of our biggest fundraisers of the year. Mistletoe Mingle was a great opportunity for all students from the College of Pharmacy and students from other professional health colleges at the University of Kentucky to enjoy an evening of socializing and dancing. Attendance was great this year and everyone fully enjoyed the fellowship and fun.

On January 31st-February 2nd, we enjoyed a visit from the Southern Region Supervisor, Dr. Afton Yurkon. Each officer had the chance to discuss the roles that they play in the chapter and determine ways to fulfill these roles even better. In an attempt to instill more pride in our organization's roots, we will begin implementing more historical facts and knowledge into monthly meetings by asking a few questions and offering Heath Bars as rewards for correct answers. We learned several ways to engage our new members, electing new member officers, and empowering new members to create and complete projects. One of our new goals is to continue to improve retention rates and continually improve the experience for current members. After a full day of chapter building discussions, the chapter officers and advisor

enjoyed a wonderful dinner with Dr. Yurkon. We greatly appreciate Dr. Yurkon's visit and look forward to hosting her again in the future!

We have also been fortunate to have an opportunity to learn more about one of Lambda Kappa Sigma's causes, Ovarian Cancer. At our February 8th Chapter Meeting, two of our very own members, PY4s Jennifer Meyer and Keri Bazzel, gave an informative and interesting presentation on this disease and how it affects women. We will use this information to raise awareness of ovarian cancer on campus and in the Lexington community through events such as Teal Ribbon Day.

While the weather is warming up in Lexington, the Alpha Nu Chapter is looking forward to a busy and exciting end to the school year. We are also looking to the future and are excited about the chance to meet fellow Lambs at the 2012 Convention in San Diego!

ALPHA XI CHAPTER



Greeting from the Alpha Xi chapter at the University of the Pacific in Stockton, CA! The sisters of the LKS are entering the busiest time of the year. Midterms have just ended and so has the recruitment season. Every year, the sisters of LKS are challenged with the task of coming up with fun and interesting events, where the members can meet other pharmacy students, who can bring new ideas to advance the Fraternity. Many amazing girls came out to the first event, which was titled Dress Your Cupcake. The sisters worked hard to bake tons of cupcakes in every flavor imaginable. Both sisters and potentials decorated cupcake after cupcake and enjoyed light conversation as they got to know one another. The second recruitment event was Game Night. We split into teams and went head to head in Jenga, Chutes and Ladders, and Apples to Apples. The games drew out the competitive nature in everyone and broke the ice. Many new friendships were made that night. The last recruitment event was Wine and Cheese, which should be correctly titled Apple Cider and Cheese, but wine sounds fancier. The event was a dinner, where a slide show was shown and the members informed the potentials more about the vision of Lambda Kappa Sigma and the community service and professional events in which the Fraternity participates. Alumni and our advisor Dr. Rahimian joined the members and the dinner was a complete success. After the many recruitment events, the Alpha Xi chapter is very excited to welcome 12 members into our Fraternity for the new member orientation process. Throughout the process the new members will learn both about their profession and the history of this wonderful Fraternity.

The Alpha Xi chapter also has big plans for the future. From the beginning of this school year, the sisters have been hard at work planning a health fair to serve the Stockton community. The Lambda Kappa Sigma Hygeia

Health Fair will be held on Sunday May 6th at First Baptist Church. The sisters have gathered all the committees Pacific offers to perform services, such as diabetes screening, cholesterol screening, blood pressure checks, free clinics, and many more for those less fortunate. The chapter hopes to make an impact on the Stockton community, and empower them to take care of themselves. Overall, this has been a crazy and exciting semester for the sisters of the Alpha Xi chapter, and we wish our fellow Lambs all the best for the rest of the year!

ALPHA OMICRON CHAPTER

The Alpha Omicron chapter is off to a good start this spring semester. We recently had a Pink Party in which members made Valentine's Day cards for nursing home residents. A fellow sister taught us how to knit baby hats to be donated to Ruby Memorial Hospital. Recent social events include ice-skating and a Mary Kay party hosted by a fellow sister. A trip to the WOW factory to paint pottery is in the works, along with a St. Patrick's Day get together. Our Relay for Life co-chairs will be hosting the annual Vera Bradley Bingo, with anticipation for much success again. Hygeia Day is coming up, preceded by an Olive Garden dinner, followed by a presentation regarding cervical cancer by a faculty member.

ALPHA PI CHAPTER



Greetings from Alpha Pi Chapter! This past semester we welcomed fourteen wonderful girls into our sisterhood. We have so many exciting events planned for this semester. We started off the year with an LKS lock-in where we had the opportunity to discuss our plans for the semester. We had a second hot chocolate bake sale since it was such a success last semester. We also had a pajama party, where we played games and just enjoyed each other's company. To celebrate Valentine's Day, we partook in the event "My Vascular Valentine", where we taught children about the heart. We also had a Rose Bake Sale in the spirit of Valentine's Day.

Events that we have planned for the semester are "The Not Yet Wed Game", a spin off The Newly Wed Game and an LKS tea party, which is guaranteed to be an absolutely splendid event. In order to be better prepared for the future, a CV/Resume Workshop will be conducted with one of our faculty, as well as a Rotation Roundtable, mock interviews, and a CPP Speed Networking event. We are also in the midst of planning an etiquette class, a domestic violence lecture and a self defense class. Also this semester we will be doing a Midnight Run, and helping out at St. Nick's Shelter. With the coming of spring, comes Relay for Life! We have been the top fundraisers for the past five

years, and we are working to maintain that title. We have a number of events planned to help fundraise for Relay such as a Craft Night, as well as an Auction Event. We are looking forward to a busy but exciting semester! Alpha Pi sends our Lambs' love to sisters' everywhere!

ALPHA RHO CHAPTER



Alpha Rho chapter from Northeastern University hopes everyone is off to a great start to the new year! After the initiation of eleven new enthusiastic members in the fall, our sisters are very eager to get started on the exciting events we have planned. Before heading back home for the holidays last semester, we took breaks from studying for finals by writing and delivering warm cards for patients at the Children's Hospital in Boston. We also shared our holiday spirit with other local families in the community by buying small gifts for them through the Elizabeth Stone House Adopt-a-Family program.

After ending the fall semester on such a successful note, our sisters are ambitious to carry out our many fundraising goals. We designed t-shirts with light-hearted Pharmacy puns to sell to our fellow classmates, as well as coffee mugs with the molecular structure of caffeine on it. In the spirit of Valentine's Day, the sisters will be selling handcrafted roses with Hershey's Kisses inside. To add to our sweet tooth, we will also be selling different kinds of cookie dough to bring in more funds for our chapter.

Recently, we had a faculty member, Dr. Chim, speak at our meeting about her current residency at Elder Service Plan of Harbor Health Services. It was inspiring and motivating to hear her speak about her passion for being active in multiple pharmacy organizations throughout pharmacy school, one being LKS. Later this semester, some of our older sisters will be joining our advisor Dr. Reid in educating the community about Diabetes during a local health-screening event at the Dimock Center in Roxbury. Some of the girls are also planning a Research event at the University, where professors will speak about their various projects and offer suggestions on how to become more involved with research.

With exams and presentations approaching quickly, our sisters have been very supportive of each other by hosting group study sessions and reviews. We also enjoy the time spent together outside of the classroom, such as bowling and going ice-skating with our sisters from Alpha Chapter! Currently we are busy planning for our Chapter Retreat later this month, where we hope to strengthen sister bonds as well as create chapter goals for the future. The members of Alpha Rho chapter continue to work hard in trying to reach our goal of raising \$500 for Relay for Life in March. We wish all of our sisters a successful semester and look forward to seeing everybody at the Convention in San Diego!

COLLEGIATE CHAPTER NEWS Continued



ALPHA PHI CHAPTER



Spring Salutations from Alpha Phi Chapter at Wilkes University! We have been working diligently this past semester to organize community outreach programs, including several brown bag events and clinical presentations with Faculty Mentors. Along with our advisor, Dr. Kristeller, we have created a cardiovascular presentation for the elderly in the Wilkes-Barre Community. It is sure to be a great success, and we hope to continue this project throughout the Spring Semester. Our annual Turkey Tea (with donations for Toys for Tots) was a hit in November! Our chapter celebrated the end of a fun Fall Semester with our annual Holiday Party, complete with delicious Christmas cookies.

This Spring, our chapter is looking forward to Hygeia Day, with a special presentation from a local dietician. We are also very excited for our Spring Formal, as well as a potential camping trip in April. We miss seeing everyone, but Convention isn't too far away! See you all in California this summer! Lambs for Life!

ALPHA CHI CHAPTER



The 2011-2012 academic year is going very well for the Alpha Chi chapter. We started our year off initiating 11 new members plus one alumni member! Our faculty advisor Stacey Schneider was initiated this fall as an alumni member.

We had several very successful fundraisers this fall for our chapter. Our most exciting one was a Jeopardy game we put on with the school's Student College of Clinical Pharmacy (SCCP). Both organizations raised over \$100 and our students and faculty members who participated had incredibly positive feedback. Our chapter is always looking for more fun and exciting ways to raise money. As a side note, our "LKS Ladies" team won second place!

We have had several speakers come into our school to talk on issues of women's health, as well as balancing work and life as a pharmacist. These are lunch time talks that the NEOMED student counsel helps us pay for, and they

are very popular events. Our most successful speaker was Meg Lamb. She is a compounding pharmacist at Sand Run Pharmacy located in Akron, Ohio, an independent pharmacy owned by her and her husband. Her talk was incredibly informative and she had a lot of advice on staying healthy and sane while having a highly demanding job.

For this spring we have several events planned that we are very excited about. First is our school's annual Business Etiquette dinner. This event will be held on April 18th and our involvement is the organization of a fashion show. Each year we have models in several categories of professional dress to teach students the do's and don'ts of professional attire. This is always an exciting and popular event for our school. The other is HOPE WaLKS. This was our most successful event last year and we hope to have the same success again! Our goal is to raise more than \$1500 for Project HOPE.

Our final goal for this year is to have at least 3 members attend the Convention in July. We have not previously had strong participation in this convention and we want to make this an annual event that our chapter is excited about. We plan on having a fundraiser in March or April to help send these girls to California!

ALUMNI CHAPTER REPORTS

ALPHA ALUMNI CHAPTER

Spring time greetings to you all! Alpha Alumni Chapter would like to wish everyone a Happy 2012, and we hope it has been as productive for you as it has been with us! We have been extremely busy preparing for the upcoming Centennial Celebration in our dear home town of Boston in 2013. Christine Perry has been organizing the many different committees created for the sole purpose to bring nothing but laughter, joy, history, smiles and cherished new memories into your Centennial Experience.

Christine, along with Joan Rogala, our Executive Director and current GVPC and Alumni Chapter President Elicia Fauvel, had a very eventful start to the year, having the opportunity to find the Hotel that would bring the razzle dazzle to your Centennial Celebration. The red carpets were rolled out and the competition was fierce and in the end your site for the 100th Centennial Celebration was chosen.

In Collegiate and Alumni news, the Alumni Chapter has been very active this season, especially during the Chapter's Orientation period. Alumni participated in the Red Dress Gala with the Collegiates and are currently gearing up for the Hygeia Day Celebration and Continuing Education Program put on by our girls. At the end of February, the Alumni will be welcoming in the newest members to Alpha Chapter with the Alumni and Collegiate Brunch, Lambs and pancakes...what more could you ask for?!? Finally, we will begin planning for our joint Final Banquet where we recognize all the hard work that the members in our Chapter do every day!

The Alpha Alumni Chapter hopes you are spreading the word about this year's meeting in San Diego and we hope to see many of you on the West Coast! Until then, Lambs Love from Boston!

EPSILON ALUMNI CHAPTER

Hi from Epsilon Alumni Chapter! We have been busy preparing for the first B.Olive Cole leadership lecture and are in the final stages of fundraising and selecting the speaker. Donations will be accepted for founding member contributor status until April 25th. This is also the date of the lecture. Anyone wishing to contribute may contact Dixie Leikach at finksburgxr@gmail.com.

We have just completed our first ever full state and chapter membership mailing. The mailing included dues info, listing of election slate, email request for a future survey, and Cole lecture information. We are looking forward to reaching out to members who may not have heard from LKS in a very long time!

AphA will be our next meeting spot as many of our chapter members attend this convention. Congratulations to Cynthia Boyle for being selected for this year's Gloria Niemeyer Francke Leadership Mentor award. Cynthia will be honored in New Orleans in March. The sisters of Epsilon Alumni are looking forward to the LKS convention in San Diego and can't wait to see many of you there!

CHI ALUMNI CHAPTER

Linda Story hosted the annual Holiday party in December; she and her family have moved back to the Seattle area from Andorra. We collected food and money for a local food bank, exchanged holiday cookies and enjoyed each other's company. Lita Chung, Michael Ayres and Elizabeth Fuchs helped the Chi collegiates with the Second Annual Women's Fair on the University of Washington campus. Lita is the CEO of The HCG Professionals.

Pat and Bob Tanac, Past Grand President and Patron, celebrated their sixty-sixth wedding anniversary on February 24th!

Chi Alumni has a group page on Facebook. We invite all past and present members, friends of members and Chi students to friend our page so we can all stay connected. For spring, we are planning our annual Senior dinner to honor the graduating Chi collegiates, and will award a scholarship to a student.

ALPHA BETA ALUMNI CHAPTER



This summer will mark the one year anniversary of the reactivation of the Alpha Beta Alumni Chapter! Several of our alumni members joined the Alpha Beta collegiate chapter at the UCONN Football Homecoming Tailgate. We also created an "alumni pamphlet" which acts as a resource for the collegiates to learn more about who we are and how to contact us to learn more about each of our pharmacy careers. Finally, our own Marina Grgas has been very active at the national level, serving as the New England Region Supervisor. We are very proud of what we were able to accomplish in our first year, and in the next year we hope to expand the alumni pamphlet, host a professional/educational program for the collegiate chapter, start an Alpha Beta Collegiate Convention fund, and continue attending the UCONN Football Homecoming as an annual event.



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SCHEDULE OF DEADLINES & UPCOMING EVENTS

April 1

Alumni Membership Renewal -
Dues Payment Deadline

April 15*

NEW DEADLINE!! Deadline for
submitting all financial obligations,
initiation fees, MMIS forms for graduates,
Chapter Officer Roster, Annual History
Report, Chapter Financial Report,
Poster Competition Entry Form

April 15

Grand Council Election Results
Announced

April 30

Deadline for nominations for LKS
Awards: Award of Merit, Distinguished
Service Citation, Pharmacists Mutual
Distinguished Young Pharmacist Award,
Merck Vanguard Leadership Award

May 15

Convention Delegate Credentials
Submission Deadline; Chapter Convention
Report deadline

June 30

Early-Bird Registration Deadline for LKS
Annual Convention

July 25-28

LKS Annual Convention - San Diego, CA

Sept 15

Deadline to send in updated officer roster
to the IO

October 14

Founder's Day

October 15

Deadline for Blue and Gold Triangle arti-
cles and chapter news

November 1

Deadline for Educational Grant
Applications, collegiate dues and
convention delegate fee

July 24-28, 2013

Centennial Convention