



Lambda Kappa Sigma Pharmacy Fraternity Newsletter *Spring Edition*



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January 2014

Dear Joan,



Marina Grgas
Grand Vice President -
Collegiates

Greetings from your GVPC! School is back in session for most of you. Hope you had a nice time off! The spring semester is the perfect time for a chapter retreat. A retreat is a time for chapter members and officers to get together for a few hours to plan and organize events for the upcoming year, as well as to set short and long term goals. If your chapter does not have a yearly retreat, please consider it, as it can be helpful for all chapters, big and small.

I hope you all enjoy this Spring Edition of LinkS. Feel free to [email me](#) suggestions for future LinkS publications.

Quick Links



*Lambs Love,
Marina Grgas*

Marina Grgas, PharmD, BCPP
Grand Vice President for Collegiates
[LAMB 4 LIFE](#)

Professional Development

Learn more about [Writing Event Reports](#) in this article written by Michelle Kershaw, New England Region Supervisor. [Click here](#) for the event report template.

LinKS is sent via email to dues-paid collegiate members. Please notify the IO with address changes.

Contact the I.O:
Lambda Kappa Sigma
Joan E. Rogala, Exec Director
P.O. Box 570
Muskego WI
53150-0570

www.lks.org lks@lks.org

Please forward this newsletter to LKS members who are not on our mailing list!

Join Our List

Join Our Mailing List!

You are receiving this email as a member of Lambda Kappa Pharmacy Fraternity.

LKS uses Constant Contact as the primary means to communicate regularly with members on a variety of topics.

If you select to Unsubscribe from our mailing list, your email address will be automatically removed from all future email communications from the fraternity including newsletters, announcements, convention information and special invitations.

LKS Contacts

**Grand Vice President
for Collegiates**
Marina Grgas

**Regional
Supervisors**

New England
Michelle Kershaw

Northeast
Marina Fridman

If you wish to contribute articles pertaining to Professional Development, please **email me** your article.

Calling All "How-To's"!

Did your chapter organize and execute a very successful fundraising event? Did your chapter's professional committee organize an outstanding project? Let us know. We want to hear about it!



"How-To" sheets are step-by-step instructions on how to organize and execute a particular event or project. The instructions should be specific and detail-oriented, so that anyone can read them and reproduce the event or project.

"How-To" sheets can be very beneficial for chapters that are struggling with developing new and innovative ideas or for chapters that just need a change. By submitting a "How-To" sheet, you are not only highlighting your chapter's successes but would also be helping other chapters in need. If you wish to submit a "How-To" sheet, please **email me**. It will be featured in future editions of LinKS.

Region Supervisor Recruitment

Are you interested in a leadership position within LKS but are not ready to be on Grand Council? Well, I have the perfect position for you!



Region Supervisors are an essential part of LKS leadership. Region Supervisors directly oversee the collegiate chapters and report back to the Grand Council. Region Supervisors can help chapters with problem-solving skills, chapter management and chapter growth. LKS could not function efficiently without the help of the Region Supervisors.

To be considered for this position, you must be out of school, be able to commit to a two-year term and be willing to travel for chapter visits. Within the next few weeks, an email will be sent out with more information. Stay tuned!

Risk Management and the Code of Conduct

Lambda Kappa Sigma adopted a Risk Management program in 2008 to protect our members and our Fraternity. Through this program, LKS has taken a strong stance against hazing, drugs and alcohol. A **Code of Conduct** was created and each member is required to read and sign it.

In addition, LKS has implemented an event-planning approval

Mid Atlantic
Nicole Cammarata

Central
Stephanie Mrozek

Southern
Afton Wagner

Western
Nicole Lombardo

International Office
Executive Director

Joan Rogala, IOM, CAE

process for overnight and weekend chapter events, as well as for events that are held more than 40 miles from the campus. If your chapter wishes to plan such an event, please submit a petition and an **event planning form** to the Grand Council 30 days prior to the date of the event.

The Grand Council is currently working on detailed event guidelines to assist with planning. Stay tuned for more information. Please contact your Region Supervisor if you have any questions regarding Risk Management and/or the Code of Conduct.

Communications

Every chapter must maintain communication with their Region Supervisor, Grand Vice President for Collegiates and IO. Your Region Supervisor should have communicated with you what their expectations are, what reports you need to send and what the important deadlines are. Please be sure to review all the IO deadlines and ensure all deadlines are met. When emailing me, your GVPC, please use the following email address: **gvpc2012@yahoo.com**.

2014 Convention, July 23-26

Stay tuned for more information regarding the 2014 Lambda Kappa Sigma Annual Convention, which will be held at the Waldorf Astoria in Naples, Florida!



Congratulations to the Winners!

I would like to take this time to congratulate the 2013 Educational Grants Recipients:

Adele Lobraico Lowe Leadership Grant

Deborah Bourquin, Omicron Chapter

Norma Chipman Wells Loyalty Grant

Krystal Memmer, Xi Chapter

Mary Connolly Livingston Educational Grant

Morgan Weiss, Alpha Iota Chapter

Cora E. Craven Educational Grant

Allison Gettinger, Alpha Zeta Chapter

Cora E. Craven Educational Grant
Amber Gower, Alpha Omicron Chapter

Cora E. Craven Educational Grant
Abigail Moorman, Alpha Nu Chapter

Marilyn & Joe Haberle Educational Grant
Jennifer Alastanos, Alpha Omicron Chapter

Dr. B. Olive Cole Graduate Educational Grant
Courtney Barnas, Xi Chapter



LKS Trivia

New to LinkS: LKS Trivia! In each edition of LinkS, I will post one trivia question. The first 5 collegiates who answer the question correctly will win a prize! (Sorry, you cannot win more than once a year.) Just **email** your answer to me.



Here is the question...

Which collegiate chapter was established on May 17, 1953?

Answer to LinkS Winter Trivia: Tiffany Self, Alpha Nu Alumni Chapter

Chapter Management

Visit **lks.org** to meet the Grand Council Officers and Region Supervisors . The **Officer Portal section** of the website has been recently updated with information for Lambda Kappa Sigma Pharmacy Fraternity Chapter members. Please check back regularly for updates and clarifications.

Reminders

- February 15th: Blue and Gold Triangle submission deadline. **[Submit your article and photo online.](#)**
- March 1st: Postmark deadline for Grand Council election

ballots.

- March 29th: LKS reception at the APhA Annual Meeting in Orlando, Florida.

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