



\*Please note that this is a preliminary schedule and is subject to change.

## Tuesday: July 23, 2024 (Pre-Convention)

Start Time	End Time	Event	Location
9:00 AM	6:00 PM	<b>Grand Council Meeting</b>	

## Wednesday: July 24, 2024 (Gather and Connect Day)

Start Time	End Time	Event	Location
9:00 AM	2:00 PM	<b>Grand Council Meeting</b>	
1:00 PM	2:30 PM	<b>Speaker Competition Practice Round</b> - Finalists practice with mentors/coaches	
3:00 PM	3:30 PM	<b>Student Delegate Meeting</b> - Chapter delegates and alternates must come to this meeting to check in. We will go over everything you need to know about attending business sessions and answer any questions you may have!	
3:00 PM	3:30 PM	<b>Alumni Caucus</b> - <i>Join other alumni for a brief meeting at which we will select our Alumni Delegates. All alumni members are welcome to attend.</i>	
3:30 PM	4:30 PM	<b>Student Meet and Greet</b> - Shake out the Convention nerves during our Student Meet and Greet! We will have some icebreakers, tips for maximizing your experience, and a Q&A session. Let's set the right mindset together and kick off the convention with enthusiasm!	
3:30 PM	4:30 PM	<b>Alumni Meet and Greet</b> - Get ready to jumpstart your convention experience with a burst of energy, excitement, and camaraderie. Whether you're a seasoned attendee or a first-timer, this event promises to set the tone for an enriching and fulfilling convention journey.	
4:45 PM	6:00 PM	<b>Keynote Address: "How Embracing Community + Female Friendship Can Transform Your Life" by Meg McCabe</b> - This presentation will touch on the female experience, and how to empower your life and career with community. It will discuss the danger of isolation and secrecy and how reaching out for help and collaborating with others can heal and empower. This presentation will go over the reasons why fully engaging with a community will benefit your life + career. It will talk about female friendship/ the psychology behind making friends and how.	

6:15 PM	8:30 PM	<b>Welcome Reception</b> - Join us for the kick-off of Convention! Get to know LKS members from all over the US and Canada, make new friends, catch up with old friends, and get excited for all that is to follow! We will have light appetizers available to snack on.	
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## Thursday: July 25, 2024 (Student/Alumni Special Focus Day)

Start	End	Event (Student Track)	Location
8:15 AM	9:00 AM	<b>Student Breakfast</b>	
9:15 AM	10:45 AM	<b>Opening Session: Fraternity Business Day 1</b>	
11:00 AM	12:15 PM	<b>Chapter TaLKS</b> - Join us for Chapter TaLKS, a dynamic session where attendees can engage in meaningful discussions on chapter-specific topics with members from other chapters. This session offers a unique opportunity to share insights, best practices, and challenges, fostering collaboration and knowledge exchange among chapters.	
12:30 PM	1:30 PM	<b>Lunch</b>	
1:45 PM	3:15 PM	<p><b>"Ethel's Declassified [Post-Pharmacy] School Survival Guide"</b>- We're ditching the formalities and diving into the real talk about life after graduation.</p> <p>Led by Carrie Batty, PharmD, this session is your chance to get candid insights, practical advice, and honest answers to all the burning questions you have about the post-graduation era. From navigating residency/fellowship opportunities to acing interviews, managing loans, and everything in between, no topic is off-limits.</p> <p>But here's the twist: instead of sitting through lectures and presentations, you'll be part of an engaging panel discussion featuring new practitioners who have been exactly where you are now. They'll share their experiences, successes, failures, and lessons learned, giving you a firsthand glimpse into what lies ahead.</p> <p>What sets "Ethel's Declassified" apart is its focus on creating a safe space for open dialogue. Attendees will have the opportunity to submit anonymous questions, ensuring that no topic is too taboo or embarrassing to address. Whether you're curious about salary negotiations, the residency/fellowship application process, or the realities of post-graduation life, this session is your chance to get the answers you need in a supportive and non-judgmental environment.</p> <p>So come prepared with your questions, your concerns, and your curiosity. Whether you're preparing for residency or fellowship applications and interviews, jumping straight into a post-grad job, or have no clue what path of pharmacy you want to head down, this is your chance to hear about the good, bad, and ugly of everything life throws at you after you get that PharmD! Let's</p>	

		debunk the myths, break down the barriers, and equip you with the knowledge and confidence to thrive in the next chapter of your pharmacy career.	
3:30 PM	5:30 PM	<p><b>“Unplugged Student Retreat: Connecting, Healing, Growing” led by Meg McCabe</b> - In today's fast-paced world, it's easy to lose sight of the importance of genuine connections and self-reflection. The Unplugged Student Retreat offers a unique opportunity to step away from the distractions of everyday life and immerse yourself in a space designed for authentic interaction and personal exploration.</p> <p>Throughout the retreat, attendees will engage in a variety of activities and discussions carefully curated to foster connection, sharing, healing, and growth. From group conversations to reflective exercises, each moment will be crafted to provide a supportive environment for attendees to open up, learn from one another, and cultivate a deeper sense of sisterhood.</p>	
5:30 PM	7:00 PM	<b>BREAK</b>	
7:00 PM	9:00 PM	<p><b>Blue and Gold Fashion Show AND “EWE Can Shop”</b> - Get ready to dazzle and shine at the Blue and Gold Fashion Show, a highlight of the LKS Convention where members can showcase their Fraternity pride in style! Whether you're rocking a one-of-a-kind creation or sporting something from your chapter's collection, this is your chance to shine in shades of blue and gold.</p> <p>Participants will have the opportunity to sign up for the fashion show, so keep an eye out for more information on how to get involved. From head-turning outfits to accessories that pop, anything blue and gold is fair game!</p> <p>During the fashion show, don't miss out on the "EWE Can Shop," where chapters can sell their unique blue and gold items. Secure your table by filling out <a href="#">this form</a>, and get ready to showcase your chapter's creativity and craftsmanship.</p> <p>But that's not all – we'll be awarding prizes for the best outfit, best EWE Can Shop item, and the most impressive catwalk strut. Whether you're strutting your stuff or cheering from the audience, this event promises to be a celebration of sisterhood, style, and solidarity.</p> <p>Oh yeah- dinner will be served, too! ;)</p>	

Start	End	Event (Alumni Track)	Location
7:30 AM	8:00 AM	<b>Breakfast</b> - Grab and go breakfast will be served leading up to our first CE of the day. Alumni will be able to enjoy breakfast and coffee during the following CE program.	
8:00 AM	9:00 AM	<b>"Weed Wisdom: Cannabis and the Endocannabinoid System" by Keely Ireland</b> - Explore the therapeutic potential of cannabis in addressing a spectrum of disease states. Join us as we	

		navigate the fascinating interplay between the endocannabinoid system and cannabis therapeutics, providing insights into the promising avenues for treatment and patient care.	
9:15 AM	10:45 AM	<b>Opening Session: Fraternity Business Day 1</b>	
11:00 AM	12:00 PM	<b>"Advancements in Medications: A Comprehensive Review of New Therapies in the Past Year" by Kaitlyn Harnden</b> - Stay ahead in the rapidly evolving field of new medications by attending our discussion on the latest medications introduced to the market in the past year. This informative session will delve into the intricacies of many new medications, covering their mechanisms of action, efficacy, safety profiles, and clinical trial highlights. Join us for an engaging and educational session that will empower you with the latest insights into cutting-edge medications, ensuring that you can deliver the best possible care to your patients.	
12:15 PM	1:45 PM	<b>Lunch</b>	
2:00 PM	3:30 PM	<b>LKSAA Business Session</b>	
3:30 PM	5:30 PM	<b>BREAK</b>	
5:30 PM	6:45 PM	<b>Mini LKSAA Photoshoot</b> - Join us for an exciting opportunity to commemorate the beginning of a new era with our Mini LKSAA Photoshoot. As we celebrate the essence of our alumni community and the unique contributions of each member, this photoshoot promises to capture the faces that make the LKSAA special.	
7:00 PM	9:00 PM	<p><b>Blue and Gold Dinner, Fashion Show, AND "EWE Can Shop"</b> - Get ready to dazzle and shine at the Blue and Gold Fashion Show, a highlight of the LKS Convention where members can showcase their Fraternity pride in style! Whether you're rocking a one-of-a-kind creation or sporting something from your chapter's collection, this is your chance to shine in shades of blue and gold.</p> <p>Participants will have the opportunity to sign up for the fashion show, so keep an eye out for more information on how to get involved. From head-turning outfits to accessories that pop, anything blue and gold is fair game!</p> <p>During the fashion show, don't miss out on the "EWE Can Shop," where chapters can sell their unique blue and gold items. Secure your table by filling out <a href="#">this form</a>, and get ready to showcase your chapter's creativity and craftsmanship.</p> <p>But that's not all – we'll be awarding prizes for the best outfit, best EWE Can Shop item, and the most impressive catwalk strut. Whether you're strutting your stuff or cheering from the audience, this event promises to be a celebration of sisterhood, style, and solidarity.</p> <p>Oh yeah- dinner will be served, too! ;)</p>	

## Friday July 26, 2024 (Professional Day)

Start Time	End Time	Event	Location
8:00 AM	8:45 AM	<b>Breakfast</b>	
9:00 AM	10:15 AM	<b>Opening Session: Fraternity Business Day 2</b>	
10:15 AM	11:45 AM	<p><b>Life FLockS with the Professional Projects Committee</b> - In this dynamic session, attendees will have the unique opportunity to engage with all members representing various areas of pharmacy practice, life stages, and interests. Whether you're a pharmacy student exploring your options or a seasoned professional seeking new inspiration, this event is designed to broaden your horizons and illuminate the many paths available.</p> <p>Under the guidance of Iva Keene and our expert facilitators, participants will rotate through different "fLockS", each focused on a specific area of pharmacy practice or general interests.</p> <p>During this session, attendees will have the chance to ask questions, share experiences, and gain valuable insights from facilitators who have firsthand knowledge of their respective areas or interests. Whether you're curious about career opportunities, work-life balance, or anything in between, our facilitators are here to provide guidance and mentorship.</p>	
12:00 PM	1:15 PM	<b>Networking Lunch</b>	
1:15 PM	1:45 PM	<b>Break</b>	
1:45 PM	4:45 PM	<p><b>Leadership Program Sponsored by Albertsons Pharmacies and presented by Christine Perry</b></p> <p><b>Part 1: Micro-Skills: Building Blocks of Leadership</b></p> <p>Micro-skills are crucial for various aspects of effective leadership. They enhance communication, ensuring leaders can articulate their thoughts clearly and understand their team's perspectives. Though seemingly minor, these nuanced abilities can dramatically enhance a leader's effectiveness and influence. This program will highlight the benefits of micro-skills in leadership, emphasizing their importance and offering practical strategies for leaders to develop and refine these skills.</p> <p><b>Part 2: DEI: Engaging and Managing a Multigenerational Workforce</b></p> <p>With a multigenerational workforce, employees span the full range of life stages. This program will focus on what today's managers need to know about managing a multigenerational workforce where up to five generations work side by side.</p>	

4:45 PM	11:59 PM	<b>FREE NIGHT- OPTIONAL EVENTS (Sign-up links coming soon!)</b>	
	11:59 PM	<b>END SILENT AUCTION</b>	

## **Saturday: July 27, 2024 (Elevating Women in Pharmacy Day)**

<b>Start Time</b>	<b>End Time</b>	<b>Event</b>	<b>Location</b>
8:00 AM	8:45 AM	<b>Breakfast</b>	
9:00 AM	10:00 AM	<b>"From the Counter to Congress: Reproductive Health Advocacy" by Veronica Vernon</b> - As pharmacists and student pharmacists, we can advocate in various ways. We can empower our patients to have the knowledge and skills to take control of their health and connect them to needed resources, participate in creating new pharmacy services, and influence the creation of laws and regulations. This presentation will provide an overview of notable laws and regulations impacting reproductive health care across the country and allow attendees to consider how to advocate for their patients, communities, and themselves meaningfully.	
10:45 AM	11:45 AM	<b>"Rx for Success: The Ultimate Guide to Pharmacy Precepting" by Gwendolyn Knowles</b> Preceptors play an integral role in training pharmacy students and residents through mentoring and educating in real practice to meet experiential learning objectives. Preceptors are practitioners, providers, and pharmacists but more importantly, they take on the role of teacher, coach, and mentor to guide the next generation of pharmacists. While all pharmacists have had experiences with preceptors, not all pharmacists have had experiences with precepting. From setting the schedule to facilitating feedback, this CE program will help new practitioners develop skills in precepting and provide some fresh ideas for our more seasoned preceptors.	
12:00 PM	1:45 PM	<b>"The Power to Inspire" Speaking Competition Lunch</b> - Enjoy a tasty lunch while being captivated by the eloquence and passion of our speaking competition finalists at "The Power to Inspire" Speaking Competition Lunch. As you savor your meal, you'll have the opportunity to witness the finalists deliver their inspirational speeches, each vying to leave a lasting impact on your heart and mind.  Get ready to be moved, motivated, and uplifted as you listen to these compelling orations. After the speeches, you'll have the chance to cast your vote for your favorite speaker, contributing to the excitement of the competition.  Leave the event feeling not only satisfied from the delicious food but also inspired by the powerful messages shared by our finalists.	

2:00 PM	3:15 PM	<b>Closing Session: Fraternity Business Session 3</b>	
3:30 PM	4:00 PM	<b>Silent Auction Item Pick-Up</b> - Be sure to stop by during this time to pick up your auction items!	
4:30 PM	5:45 PM	<b>President's Reception</b> - <i>Invite only</i>	
5:45 PM	6:00 PM	<b>Group Photo</b>	
6:00 PM	8:15 PM	<b>Banquet (Fraternity Awards+Chapter Awards+Speaking Competition Awards)</b> - As we enjoy dinner, let's celebrate our new and renewed friendships. Following dinner, we will present the Chapter Achievement Awards before heading to the Educational Trust Afterparty	
8:30 PM	11:30 PM	<b>Educational Trust Reception/Afterparty</b> - Let's continue the celebration at our Educational Trust Reception/Afterparty! There will be music, dancing, and a LIVE auction to support the Educational Trust.	